

UNIMED *titbits*



A bi-monthly bulletin of the University of Medical Sciences, Ondo City, Ondo State.

ODSG promises more developments in UNIMED

Ex-Odu'a Investment boss donates multi-million naira faculty to boost medical tourism

Akinlaja pledges another building to UNIMED

EXCLUSIVE NEWS

Afe Babalola advocates more funding for varsities

The Founder and Chancellor of Afe Babalola University, Ado-Ekiti (ABUAD) Aare Afe Babalola SAN, has urged the Federal Government to accord more attention to the development of universities in the country. Babalola, who is also the President of the Institute of Arbitration of Nigeria, gave the advice while delivering a paper during the Second Founder's Day Lecture of the University of Medical Sciences, UNIMED, Ondo.

Speaking on the topic titled "The Secret of Founding" the Legal Luminary noted that universities in the country particularly government-owned institutions face some challenges, which according to him include; poor workers attitude towards work, incessant industrial action by the labour unions, lack of modern curricular and paucity of good leadership among others. He said, "One of the major problems in this country is the attitude of staff to work, particularly in public institutions. Hardly will you find a Nigerian worker who sees where he works as his business. They all see the employer's business as the employers', that one doesn't have to stress himself or herself. They believe one doesn't have to stress him or herself while working for government"



L-R: Ondo State Governor represented by Hon. Femi Agagu; Vice-Chancellor, University of Medical Sciences, Ondo, Prof. Friday Okonofua FAS; Guest Lecturer, Aare Afe Babalola; Wife of Ondo State Governor represented by Hon. Tunji Light Ariyo during the 2nd Founder's day lecture

"For me, I see where I work as a personal business, but on the contrary, workers in public institutions and civil service think otherwise. That is why it would be very difficult for most Nigerian universities unlike their counterparts overseas to become world class universities", he stated. However, Babalola said he established his own university, the ABUAD out of curiosity and love to ensure quality and functional education.

He explained further that the experience he acquired as a Pro Chancellor and Chairman of the Governing Council of the University of Lagos also propelled him to establish a university and according to him, the institution is ranked as one of the best private universities in Nigeria today. Earlier in his remarks at the occasion, the Vice-chancellor of UNIMED, Prof. Friday Okonofua FAS had said the lecture was organised to commemorate the celebration of the founders day of the institution.

Okonofua explained that the university has been able to make some achievements in the last few years of its existence under the auspices of the Ondo State Government, host community and philanthropists.

He commended a community leader in Ondo city and former Chairman of Odua Investment Company Limited, Chief (Dr.) Isaac Akintade JP for donating a building to the university.

The UNIMED Vice-chancellor appealed for more financial assistance from public spirited individuals, religious bodies as well as non-governmental organisations in the bid at making the University achieve the mission and vision of its founding fathers.

While reiterating the commitment of the University management to excellence in medical sciences, the UNIMED Vice-Chancellor stated that the institution would continue to organise academic activities that would benefit its students

ODSG promises more developments in UNIMED

The Ondo State Governor, Arakunrin Oluwarotimi Akeredolu SAN, has assured of the readiness of his administration to develop the state-owned University of Medical Sciences (UNIMED), Ondo and make it one of the best in health education in the world. Akeredolu who was represented by the Commissioner for Education, Science and Technology, Dr. Femi Agagu made the promise yesterday in Ondo city in his keynote address at the commissioning of a building donated to the university by a community leader and politician in Ondo city, Chief Isaac (Dr.) Isaac Folorunsho Akintade JP, the Sarowo of Ondo kingdom. The Governor while commending the developmental instinct of the University, promised that his administration would continue to develop the University and ensure that the mission and vision of its founding fathers are achieved. While commending the donor for his philanthropic gesture and as well as being part of the history of the development of the institution, Akeredolu called on other indigenes of the state to continue to contribute meaningfully to the development of the institution. He explained that their contributions would make the institution to compete favourably with other universities around the world.



The Vice-Chancellor, University of Medical Sciences, Ondo, Prof. Friday Okonofua FAS(left) presenting an award of excellence to Ondo State Governor represented by Dr. Femi Agagu at UNIMED's 2nd Founder's day lecture.

The Governor also used the occasion to congratulate the Vice-chancellor and staff of the University for promoting excellence in health education in the state. Earlier in his address on the occasion, the Vice-chancellor of the institution, Professor Friday Okonofua FAS, thanked the donor for the donation which he said came at the right time when the University is in need of the building. According to the Vice-chancellor, the building named "Faculty of Basic Clinical Sciences" would be used for the Departments of Anatomical Pathology, Medical Microbiology, Hematology, Chemical Pathology and Pharmacology. Prof. Okonofua reiterated the determination of the University to continue to maintain excellence and thanked the Ondo State Government under the leadership of Arakunrin Oluwarotimi Akeredolu for financial supports to the institution. He equally thanked the host community and solicited for more support from the general public to assist the University by donating more buildings and other infrastructures to the university. The Vice-chancellor noted that the development would enable the University to attain its mission and vision of being one of the leading universities in health sciences education in Nigeria and beyond.

In his response, the donor of the building, Chief (Dr.) Isaac Folorunsho Akintade JP, said the gesture is part of his contributions towards the development of health education in his community.

Akintade, a former Chairman of Odua Group of Companies (OGC) thanked the management of the University as well as the Osemawe of Ondo kingdom, Oba (Dr.) Victor Kiladejo for the opportunity given to him to contribute meaningfully to the development of health education in his home town.

Similarly, in their separate remarks at the occasion, a Legal Luminary and founder of Afe Babalola University, Ado-Ekiti, Chief Afe Babalola and the Osemawe of Ondo, Oba Dr. Victor Kiladejo, eulogized the donor and commended him for the gesture.

The duo urged other indigenes of the area to continue to assist the university, saying that the move would allow the vision of the founding fathers to be fulfilled.

The programme held at the campus of the institution along Laje road in Ondo City was attended by several dignitaries and indigenes of Ondo city as well as the Vice-chancellor of Adekunle Ajasin University, Akungba-Akoko, Prof. Igbekele Ajibefun a member of the National Assembly representing Ondo East/West Federal Constituency, Hon. Joseph Akinlaja, Ondo Chiefs as well as politicians among others.

Culled from The Hope, December 8, 2017

Ex-Odu'a Investment boss donates Multi-million Naira faculty building to boost medical tourism

A philanthropist and Saworo of Ondo Kingdom Chief (Dr.) Isaac F. Akintade JP has donated a multi-million naira Faculty of Basic Clinical Sciences building to the University of Medical Sciences (UNIMED), Ondo to boost medical tourism in the country.

He stated this while commissioning the building to commemorate the 2nd Founder's Day of the institution on Thursday, saying it was borne out of the desire to contribute to UNIMEDs infrastructural development.

Akintade, who is the immediate past chairman of Odu'a Investment Company Limited, lamented the high rate of medical tourism abroad by Nigerians despite the huge human resources and capacity available in the nation.

He expressed optimism that the health facilities and medical personnel available in the country, if given the needed attention, could drastically reduce the trip abroad for medical treatment.

The donor, who added that it was the seed of the Friends of UNIMED Fund (FUF) initiated in July last year, assured that he would continue to donate to the development, urging other indigenes and philanthropists to follow suite.

The building worth N200m houses the departments of Anatomical Pathology, Medical Microbiology, Hematology, Chemical Pathology and Pharmacology; and the Faculty of Dentistry.

The Vice Chancellor, Prof. Friday Okonofua FAS disclosed that the donation aided the accreditation of Bachelor of Medicine, Bachelor of Surgery (MBBS) and Bachelor of Dental Surgery (BDS) programmes of the University.



The Sarowo of Ondo Kingdom, Chief (Dr.) I. F. Akintade (JP)



L-R: The Osemawe of Ondo, Oba Dr. Victor Kiladejo; Ondo State Governor represented by Dr. Femi Agagu and the donor, Chief (Dr.) I. F. Akintade JP during the commissioning of Chief (Dr.) I. F. Akintade JP Faculty of Basic Clinical Sciences building on December 7, 2017.



Ondo State Governor represented by Dr. Femi Agagu and other dignitaries during the commissioning of Chief (Dr.) I. F. Akintade JP Faculty of Basic Clinical Sciences building.

Culled from The Guardian, December 9, 2017

Akinlaja donates building to UNIMED

A member of the National Assembly representing Ondo East/West Federal Constituency, Hon. Joseph Akinlaja has offered to construct an edifice for the University of Medical Sciences, UNIMED, Ondo.

The pledge was made at the commissioning of the Chief (Dr.) I.F. Akintade’s Faculty of Basic Clinical Sciences building on December 7, 2017.

Akinlaja felicitated the Osemawe of Ondo Kingdom, Oba Dr. Victor Kiladejo on the occasion of the commissioning saying a lot of developments have been recorded during the reign of the monarch.

He pledged to give maximum support to the University which is the first medical institution in Ondo State and the first of its kind in Nigeria.

The Osemawe of Ondo, Oba Dr. Victor Kiladajo, Jilo III congratulated the Sarowo of Ondo Kingdom, Chief (Dr.) I.F. Akintade JP on the successful completion of the faculty building.

He said Akintade by his donation has written his name in gold and that his contribution to UNIMED will always be remembered by generations to come.

He called on notable sons and daughters of Ondo kingdom to emulate Chief Akintade by donating more buildings to the University.

He lauded the Ondo State Governor, Arakunrin Oluwarotimi Akeredolu SAN for his commitment to the growth of the University and the Vice Chancellor, UNIMED, Prof. Friday Okonofua FAS for introducing the Friend of UNIMED Fund platform which has given thousands of Nigerians the opportunity of contributing to the University.



Hon. Joseph Iranola Akinlaja at the commissioning of Chief (Dr.) I. F. Akintade JP Faculty of Basic Clinical Sciences building.



L-R: Member, National Assembly, Hon. Joseph Iranola Akinlaja; Acting Registrar, University of Medical Sciences, Ondo, Mr. Adeyinka Adekalu and VC, UNIMED, Prof. Friday Okonofua during award presentation to Hon. Akinlaja at the 2nd Founder’s day lecture



UNIMED students presenting a gift to Ondo State Governor represented by Dr. Femi Agagu at the 2nd Founder’s day lecture of the university

Okonofua bags NANS' Golden Leadership Award for 2017

The National Association of Nigerian Students, (NANS) has honoured the Vice Chancellor, University of Medical Sciences, UNIMED, Ondo, Prof. Friday Okonofua FAS with an award as the most distinguished personality and the most outstanding Vice Chancellor of the year 2017.

Executive members of the association from different parts of the country were in the Vice Chancellor's office on December 12, 2017 for the award ceremony. The National Public Relations Officer of NANS, Mr. Ibrahim Azeez described the Vice Chancellor as "a Distinguished Man of Honour, a detribalized professor and accomplished administrator who has contributed in no small measure towards the upliftment of humanity through education, healthcare, social and community development". Azeez said Okonofua is a renowned and relentless crusader for improved female reproductive health and that UNIMED under his administration is now the fastest growing public university in Nigeria.

The Vice Chancellor, Prof. Friday Okonofua FAS said he was surprised by the honour bestowed on him by NANS and promised not to relent in championing the interest of students since they are the leaders of tomorrow.

"I am overwhelmed because all I have been doing is to serve and not to attract attention to myself." 'I thank you for this recognition, though what you are telling me now is that I should do more. I promise you that I'm going to serve Nigerians better and I'm going to serve Nigerian students even more", Okonofua stated.

The Vice Chancellor was decorated with the NANS gold medal of honour and was also presented with an award plaque by the students.



Executive members of the National Association of Nigerian Students presenting an award to the Vice Chancellor, University of Medical Sciences, Ondo, Prof. Friday Okonofua



Members of the National Association of Nigerian Students in a group photograph with the Vice Chancellor, University of Medical Sciences, Ondo, Prof. Friday Okonofua



Executive members of the National Association of Ondo State Students presenting the Obafemi Awolowo Leadership Award to the Vice Chancellor, University of Medical Sciences, Ondo, Prof. Friday Okonofua FAS during the 2nd Founder's Day Lecture.

UNIMED releases Part 1 MBBS examinations result

The provisional result of the part 1 MBBS examination of the University of Medical Sciences, UNIMED, Ondo has been released. Over 30 students were able to satisfy examiners in the November 2017 examinations and can therefore progress to 400 level. UNIMED titbit's Chief correspondent, Temitope Oluwatayo spoke with some of the students on the accreditation of UNIMED and the MB exams.

Name: Kolawole Bridget Olayinka

Level: 400 **Department:** Medicine & Surgery

Coming to UNIMED, the first thing that came to mind was the fact that it was not yet accredited and I wasn't ready to stay an extra hour after 6 years. I had hope and faith that a miracle would happen.

Alas! It did happen barely two years into the programme. The date of the MBBS was released and I was extremely happy though I was not fully prepared for the exam at that time, as you know, students never get fully prepared for any exam.



Name: Oloyede Rasheed O.

Level: 400 **Department:** Medicine & Surgery

The day I heard that UNIMED has been accredited was the best day of my life in this school. I took a big risk transferring from another university that lacked accreditation to UNIMED which is even younger based on hope that things would be different. Today, UNIMED is accredited and it will be the first University in Nigeria that gained its accreditation for MBBS within 2 years of existence. I will like to give kudos to the Vice Chancellor of this University, Prof. Friday Okonofua FAS and his team for the hard work making the accreditation possible. Long live UNIMED!!!

Name: Temiloluwa Ayomide Ogunleye

Level: 400 **Department:** Dentistry

The MB exam was definitely the toughest exam I'd ever written. It pushed me to my limits and it was quite exhilarating.

We all knew that the exam was going to be this year but when we got the timetable and realized it was in about 3 weeks, there were a lot of mixed reactions. Some decided to take the bull by the horns while some felt the notice was too short and that they wouldn't do well.

I'm happy I passed the exam. The experience is one that I will remember forever.



Name: Lamidi Rafiat Damilola

Level: 400 **Department:** Medicine & Surgery

The MB exam was quite challenging. We were examined on three major courses namely: Anatomy, Biochemistry and Physiology with each course split to four parts which are theory, multiple choice questions, practical and viva voce.

I'm happy the school was able to get accreditation early allowing us to do the MB exam when we did it. I'm grateful to God and the School Management for supporting us and making it possible to be where we are today.

Name: Olumide Olanrewaju Ige

Level: 400 **Department:** Medicine & Surgery

January 2016, we resumed and were told that we would have our MB exam in 18 months and so the journey began.

18 months into the program, the dream came true as I began 14 hours of daily study ahead of the mock exams.

Thanks to the Departments and the entire University staff that worked assiduously making it possible to get the MDCN accreditation.

I'm happy to be a clinical student now. It has been very interesting so far.



Daisy Okonofua emerges UNIBEN's overall best graduating student

The daughter of the Vice Chancellor, University of Medical Sciences, Ondo, Miss Daisy Okonofua has emerged the overall Best Graduating Student in the University of Benin, Benin City. The beautiful Medical graduate did her parents proud by grabbing 11 awards at the UNIBEN convocation ceremony. She earned distinctions in Biochemistry, Pharmacology, Mental Health among others. Daisy Okonofua also emerged as Best Graduating Student in Obstetrics & Gynaecology which is the area of specialisation of her father, Prof. Friday Okonofua FAS.



*Daisy Okonofua

Osadolor gives daughter in marriage in grand style

It was a colourful ceremony as notable men and women of the society gathered to celebrate two love birds, Aisosa and Iyanu in holy matrimony. The bride, Aisosa is the daughter of the Deputy Bursar, University of Medical Sciences, UNIMED, Ondo, Mr. Gabriel Osadolor and a host of members of staff of UNIMED graced the occasion.



UNIMED Members of Staff at the Osadolor wedding ceremony



Members of Staff arriving in Benin for the wedding



The couple



Groom and Bride's parents with the couple

Pictures of the 2nd edition of UNIMED Xmas carol service



UNIMED staff carol singers



UNIMED student carol singers



Kidney Care Centre staff carol singers



Guests at the carol service

HEALTH CORNER

Five tips to manage your cough at home

1. Stay Hydrated

An upper respiratory tract infection like a cold or flu causes postnasal drip. Extra secretions trickle down the back of your throat, irritating it and sometimes causing a cough. Drinking liquids is particularly helpful in winter, when houses tend to be dry, another cause of cough.

2. Try Hot Drinks

Drinking warm tea with honey also can soothe the throat.

3. Take Steamy Showers, and Use a Humidifier

A hot shower can help a cough by loosening secretions in the nose.

4. Remove Irritants from the air

Perfumes and scented bathroom sprays may seem benign. But for some people they can cause chronic sinus irritation.

5. Take Medications to Treat Coughs

When steamy showers, hot teas, and cough drops don't help, you can turn to over-the-counter medicines to ease your cough.

About UNIMEDtitbits

- UNIMED *titbits* is a bi-monthly news publication of the Public Relations Department.
- Heads of Departments/Units, Deans and Principal officers of the university are hereby encouraged to carry the PR dept along in the planning of events related to the University .

Call for Articles

Articles of not more than 250 words in electronic format are welcomed for publication from both staff and students of the University

For comments / enquiries, please contact the PR dept.

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